

Limietenwedstrijd: Session: 1: COACH evaluation sheet for TEAM: DDZZ

Coachinfo: Warming up from: 10:00 untill 10:45. Teamleadmeeting @ 10:45 The listed starttimes are indicative!

Coaches: Claeys Jack

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 3: 100M FREESTYLE WOMEN 13-14					Heat:1, starttime: 11:18
Heat: 1/5 Lane : 3 Athlete: BAUWENS AURÉLINE					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 3: 100M FREESTYLE WOMEN 13-14					Heat:1, starttime: 11:18
Heat: 1/5 Lane : 5 Athlete: ONGENA CAMILLE					Q-time: 01:39:42
PB (25m pool): 01:39.42 Eeklo 21/04/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:45.62		01:39.42	
	00:45.62 00:53.80				
					

Coach feedback:

Event number: 3: 100M FREESTYLE WOMEN 13-14					Heat:2, starttime: 11:20
Heat: 2/5 Lane : 6 Athlete: VAN LOOCKE LAURENCE					Q-time: 01:19:51
PB (25m pool): 01:19.51 Eeklo 21/04/2025					PB (50m pool): 01:10.30 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.80		01:19.51	
	00:36.80 00:42.71				
					

Coach feedback:

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Event number: 5: 100M BREASTSTROKE WOMEN 13-14					Heat:1, starttime: 11:33
Heat: 1/2 Lane : 3 Athlete: ONGENA CAMILLE					Q-time: 01:58:20
PB (25m pool): 01:58.20 Eeklo 21/04/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:55.20		01:58.20	
	00:55.20		01:03.00		
					

Coach feedback:

Event number: 5: 100M BREASTSTROKE WOMEN 13-14					Heat:1, starttime: 11:33
Heat: 1/2 Lane : 6 Athlete: VAN LOOCKE LAURENCE					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): 01:54.20 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 5: 100M BREASTSTROKE WOMEN 13-14					Heat:2, starttime: 11:35
Heat: 2/2 Lane : 8 Athlete: WILLEMS INNE					Q-time: 01:36:14
PB (25m pool): 01:36.14 Eeklo 21/04/2025					PB (50m pool): 01:38.85 SB: 01:38.09 Eeklo 21/09/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:46.12		01:36.14	
	00:46.12		00:50.02		
					

Coach feedback:

Event number: 6: 100M BREASTSTROKE MEN 13-14					Heat:1, starttime: 11:38
Heat: 1/2 Lane : 4 Athlete: GRUNEWALD JASPER					Q-time: 01:34:98
PB (25m pool): 01:34.98 Durmehal 28/02/2026					PB (50m pool): 01:43.49 SB: 01:34.98 Durmehal 28/02/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:45.59		01:34.98	
	00:45.59		00:49.39		
					

Coach feedback:

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Event number: 7: 100M BACKSTROKE WOMEN 13-14					Heat:1, starttime: 11:43
Heat: 1/3 Lane : 8 Athlete: BAUWENS AURÉLINE					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 11: 100M BUTTERFLY WOMEN 13-14					Heat:2, starttime: 12:28
Heat: 2/2 Lane : 6 Athlete: WILLEMS INNE					Q-time: 01:19:57
PB (25m pool): 01:19.57 Durmehal 28/02/2026 PB (50m pool): 01:30.93 SB: 01:19.57 Durmehal 28/02/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.45		01:19.57	
	00:37.45 00:42.12				
					

Coach feedback:

Event number: 12: 100M BUTTERFLY MEN 13-14					Heat:1, starttime: 12:30
Heat: 1/2 Lane : 4 Athlete: GRUNEWALD JASPER					Q-time: 01:28:36
PB (25m pool): 01:28.36 Durmehal 28/02/2026 PB (50m pool): no time SB: 01:28.36 Durmehal 28/02/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.61		01:28.36	
	00:39.61 00:48.75				
					

Coach feedback: